

BLOOD BUILDER

TO MAKE DRY HERB MIX:

4 Parts Parsley
4 Parts Moringa
2 Parts Nettle
2 Parts Dandelion
1/2 Part Wheat Grass
Powder (not "juice
powder")

Dry herb dosing per goat's weight:
Under 20 lbs - 1 pinch
20 lbs-30 lbs - 1/8 tsp
30 lbs-60 lbs - 1/4 tsp
60 lbs-100 lbs - 1/2 tsp
100 lbs and over - 1 tsp
(multiply by 3 for cut and sifted herbs
as opposed to powder)



Can be fed dry or as a tea/infusion as Dosing Info states. Average dose is 2x daily when anemia support is needed. See next page for bonus formula!

NOTES: Exclude Parsley for pregnant goats.

BLOOD BUILDER FORMULA



I like to make my complete **Blood Builder Formula** with this herb blend for **one dose** of this each day (the other doses, if given more frequently, can be the herb mix alone). Add the recommended dosage per goat's weight to a jar, covering herbs with 15cc boiling water (more if necessary to cover herbs fully), steeping with a lid for 15 minutes. Then mix with 15cc **raw apple cider vinegar**, 1-3 tsp (depending on size) of **liquid chlorophyll**, a drizzle of **blackstrap molasses**, and add 1 drop of **lemon essential oil** (from a high quality, trusted brand). If possible, add **fresh wheat grass juice** (10cc for standard goats, 5cc for miniature goats, and size down for very young kids), for maximum blood cleansing and rebuilding strength.

GOAT MENTOR TIP

Feed **kelp meal** (at any rate of your goat's choosing) during times of anemia recovery.

NOTES: Exclude Parsley for pregnant goats.